



South East Somerset School Sports Partnership

www.sesomersetssco.co.uk

Schools working in partnership to develop PE, Sport and Physical Activity for young people

Newsletter

Summer 1: 2010

Training Dates

New PLT Training Mod 3

15th June, 8.45 – 3.15
Monks Yard, Horton Cross

Raising the Bar

20th July, 9.30 – 3.30
Caryford Community Hall, Ansford

PLT Induction Day

14th September, 8.45 – 3.15
Monks Yard, Horton Cross

FA Mini Whistlers Refereeing

27th September, 3.30 – 6.30
Buckler's Mead, Yeovil

PE Practical Showcase Day

29th September, 9 – 3.30
Westlands Leisure Complex, Yeovil

For more information or to book a place please visit our website: www.sesomersetssco.co.uk

Survey Monkey

The Online pupil Activity survey has now had 7500 responses and is proving really useful to all concerned for supporting the increase of activity for young people in our area.

The survey will officially close at 5pm on Friday 11th June.

To help with your data collection for the National PESSYP survey you are strongly recommended to ask all pupils to complete this short questionnaire before then.

To access the survey go to:

www.sesomersetssco.co.uk



Welcome

The School Sports Partnership has been working closely with key partners to ensure that even more coaches and opportunities are in place to support young people becoming more physically active as part of their 5 hours per week.

We are pleased to have supported the funding of Brandon Ellis a new Community Cycling coach linked with 1st Chard Wheelers in conjunction with South Somerset District Council who is currently working with Holyrood and Maiden Beech Schools. A new Community badminton coach is also about to be appointed and will start work in the new academic year.

The County Sports Partnership, SASP has recently secured funding from Sport England and we are also working with them to identify the best opportunities in 6 sports to be developed from September. Together we aim to ensure that activity is as appropriate and accessible as possible for all young people.

Lloyds TSB National School Sport Week



Lloyds TSB National School Sport Week is great opportunity to promote the power and impact of sport in your school. This year the week is taking place between **28th June and 2nd July**. Free resources and information are available to help plan your event. To register please visit the following web site.

<http://www.schoolsportweek.org/>

Extended Schools Give it a Go subsidy

Give it a Go is aimed at children aged 5 – 16 who are eligible for free school meals and children in care enabling them to participate in out of school activities which they themselves have chosen. Schools can claim up to £300, per child to allow children on free school meals or those in care up to 2 hours of out of school activities a week during term time and up to 30 hours over the whole of the school holidays. These activities can be based at school, leisure centres or in the community. To find out more schools need to follow the following link.

[Give it a Go](#)



High Quality Leadership Opportunities



The first cohort of Young Leaders to take part in the Partnership Leadership Academy attended their second session of activities at King's School, Bruton on 1st April. Along with similar students from Tone School Sports Partnership, Year 7 – 10 pupils from Ansford School experienced a day of theory and practical activity to support them in developing their Leadership skills. Enthusiasm was high from all concerned and a real desire to go further was demonstrated by the students.

Leadership Academies are designed to take the very best student leaders and offer them information and education in Leadership which is often

delivered as high as business corporate level. This academy was no different with the skills of negotiation, communication and brokering all being addressed.

The students are now working on events and activities where they can use their skills more often in schools before looking ahead to the final installment of their programme which will be a residential trip in the autumn when everything will be brought together.



Fairmead Sport for All

Buckler's Mead School was the venue for a 'Sport for All' day organised by Fairmead Community Special School. The whole school took advantage of the excellent facilities at Buckler's Mead to take part in coaching sessions of various sports they would not normally experience. Coaches were brought in to offer rock climbing, judo, dance, trampolining, tag rugby and football. The day was well received by the students.



Paul Farrar a Year 11 student said "I enjoyed going over to Buckler's Mead and trying different types of sport. My best one was Judo where you swung the opponent on the floor. I hope I can try Judo again at our school".

Boxercise a great success

Maiden Beech pupils who do not always take part in PE or games for all sorts of reasons, were targeted as a group to get involved in activities they might enjoy. A number of activities were selected by the pupils on the understanding it would be an after school activity. Boxercise was selected following a session in school from Tom Baker a coach from the Aqua Centre in Crewkerne.

Fridays now see a group of youngsters going to the Centre, putting on their mitts or pads and then experiencing an hour of vigorous activity.

Discussions between SSCO Bob Brunt and the Aqua Centre then led to a dozen children being placed on the 'B Active' Scheme organised by the District Council. This provides the children with twelve weeks of free access to the computerised gym equipment at the Centre. This is proving a huge success so far, with children asking for the same equipment at Maiden Beech.



Cheerleading Fun

Cheerleading is proving to be an extremely popular after school activity at Swanmead with over twenty children attending and a growing waiting list to join sessions in the future. It has been particularly encouraging to see so many girls involved who have not taken a great part in sporting activities before these sessions were organised.

The project shows how an activity can grow from CPD courses arranged by the Partnership and the enthusiasm of a volunteer attending those courses. Emma Manley is a classroom assistant plus lunchtime supervisor at the school who attended a 'Tops Activity' course in the autumn term. Using the 'Xpress Yourself' cards provided in the pack she targeted a group of children and then attended a Cheerleaders course in Yeovil.

Enthusied by the courses and ideas gained, a weekly club started and links were made with Ilminster Majorettes to borrow equipment. The group have demonstrations lined up for school assemblies, sports days etc, with many girls wanting to get involved in the future. Lunchtime sessions are planned for future terms if room can be found for the numbers wanting to be involved.

Comments from girls included "this is fun, why can't we do it more often?", "I love working in a group planning what we are going to do". Comments from the instructor: "they all love it. I had to come in when not well so their session could go ahead as they are so keen". Thanks go to Mrs Manley for her enthusiasm and passion.



Tag to Twickenham Finals



A full compliment of 16 primary schools turned up to Somerton on Friday 26th March, all eager to win one of the two coveted places in the County Championships at Wells RFC in May. Higher Diploma students from both Strode and Yeovil FE Colleges turned up to support the event as part of their community service. In addition to taking charge of the timing and smooth running of the actual final programme, many also became team manager and coach for the afternoon. The young primary school pupils definitely benefited from not only having young enthusiastic support, but also gained from the passing, attacking and defending skills that the Young Leaders passed on.

All teams played 3 games each in 4 different pools. The semi finals were contested by Hambridge v Curry Mallet and North Cadbury v Milborne Port. The final was between Milborne Port and Hambridge. Speed and agility won the day for Hambridge. We wish both Hambridge and Milborne Port the best of luck in the next round. The matches were refereed by Bruce Weddell, who was supporting the event on behalf of Somerton Rugby Club, and Will Hopkinson from Yeovil College, who won the praise of many parents and staff for his approach to refereeing young players.



Pupils enjoy time on the driving range



The School Sports Co-ordinator programme, based at Holyrood School, was pleased to extend its partnership with local sports clubs by working with Windwhistle Golf Club over recent weeks delivering coaching sessions to local primary school pupils.

A total of 39 pupils (11 girls and 28 boys) spent sessions on the driving range including chipping, putting and 2 holes. This was followed by a festival.

This 'extra hour' of Physical Activity has helped schools in working towards the national 3 hour target of activity for all pupils; participating schools: Ashill, Buckland, Neroche, Redstart, Tatworth and Winsham.

SSCO, Jason Hedaux, would like to thank Windwhistle for their participation in the programme and would encourage any juniors wishing to play golf to contact Windwhistle Golf Club, Cricket St Thomas, Chard about their Saturday morning sessions.

